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## **EMDR INDIVIDUAL CASE CONSULTATION AGREEMENT**

The general purpose for EMDR Case Consultation is to develop the clinician's knowledge and skills in order to be able to apply EMDR successfully to their clinical practice. Clinicians can either be currently enrolled in the EMDR Basic Training program or have already completed the Basic Training and are continuing their case consultation. For those who are interested in applying for EMDRIA Certification as an EMDR Practitioner, these hours can be applied to meet the requirements for certification.

It is up to the clinician to determine the focus of the individual sessions. It is recommended that you prepare in advance for the consultation by reviewing your cases to see which one(s) you have questions about. They can be general questions about EMDR, client-specific, or both. General areas of focus include but are not limited to:

- Case Conceptualization and Treatment Planning
- Handling technical difficulties and procedural steps
- How to introduce EMDR to new/existing clients
- Review of session transcripts
- Understanding how and when the processing gets stuck
- Application of mechanical and clinical EMDR strategies
- Application of cognitive interweave strategies
- Addressing developmental deficits and facilitating repair
- How to integrate EMDR into couples or family therapy
- How to be an adjunct therapist offering EMDR treatment
- Using EMDR with more complicated cases
- Resourcing complex clients before and during processing
- How to manage addictions issues with EMDR
- Addressing attachment-related difficulties
- Relational issues between therapist and client

It is understood that, as the Clinician, you are solely responsible for your clients' treatment. As your Consultant, I will offer ideas and make suggestions based your questions and concerns, however, it is understood and agreed that you will exercise your best clinical judgment based on the information you have about your client(s) and your clinical situation.

While I will have a record of all scheduled sessions, it is recommended that you keep your own log of sessions, especially if you are applying them for credit towards your course completion or for certification. If you are applying for EMDRIA Certification and you would like a letter of recommendation from me as your consultant, you will be asked to present a case by audio or video for review that contains the Reprocessing Phases 3-7.

Individual sessions are billed at the rate of \$150 per 60-minute session. Payment for individual sessions is due before or at the time services are rendered. Check, PayPal or all major credit cards are accepted for payment.

The cancellation policy is 48 hours' notice. Cancellations of less than 48 hours will be charged the full rate.

Agreed this day of \_\_\_\_\_

Signature of Clinician \_\_\_\_\_

Print Name/Title \_\_\_\_\_

Address \_\_\_\_\_

Work # \_\_\_\_\_ Cell # \_\_\_\_\_

Email Address \_\_\_\_\_